

Collaborative Education Series

On-Demand: Substance Abuse in Athletes and PEDs

CME 'Enduring' Presentation

MaineGeneral YouTube

'On-Demand'- Enduring Presentation

Audience: Physicians, NP's,
and PA's

Date: On-Demand
Enduring Presentation

CME's- .5 credits

No Tuition

For Registration:

[CLICK HERE](#)

We will send you the YouTube link to the email you registered with once your registration has been processed

Completion of the Course Evaluation form is required before CME certificates will be awarded! Evaluation link is located in the YouTube video description.

Please contact **Steve Tosi** with any questions.

Steve.tosi@mainegeneral.org

Marketing and registration also located on MGH Connect landing page under "What's Happening".

Program Date: July 22, 2024
Release as Enduring Date: July 22, 2024
Expiration Date: July 22, 2027

Presenters:

On-Demand James Poulin, MD
Kevin Connolly, DO

Maine-Dartmouth Family Residency
Maine-Dartmouth Family Residency

Statement of Need:

- Substance abuse comes in many forms for athletes, starting potentially at young ages. Within the athletic setting, there is a certain number of our patients who are currently using, have used, or will in the future abuse performance enhancing drugs, narcotics, ergogenic aids and other banned substances. Athletic trainers must have a solid, current and reliable knowledge base about the various governing bodies, rules and regulations, physiological changes, and risks for our athletes in relation to substance abuse.

- By participating in this program, the viewer will gain identification tools for in clinic and on field recognition of signs and symptoms of someone abusing certain substances. Integrate knowledge of substance abuse physiologic changes and become more aware of these symptoms or behaviors being displayed by the athlete. Prepare educational information for the athlete, parent and coach to prevent and discourage the use and abuse of banned performance enhancing substances and ergogenic aids for the athlete. Outline guidelines and risks for substance abuse in sports.

Objectives:

- Review epidemiology, risks, and guidelines for substance abuse in sports.
- Gain Knowledge in the introduction of substance abuse and PED's in athletics.
- Review different ergogenic aids including banned substances, physiological changes to substances and performance advantages.

To view all our CME Enduring Programs:

SCAN



For Physicians (MD's, DO's, PA's, NP's)



Disclosure Statements:

Faculty: Dr. Poulin and Dr. Connolly have provided a signed disclosure indicating no financial interest in any commercial interest that affect the content of this program (kept on file in the Medical Education Coordinator Office MGMC).

Credits awarded:

CME's awarded: .5

The MaineGeneral Medical Center designates this enduring activity for a maximum of .5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of MaineGeneral Medical Center and Colby College. MaineGeneral Medical Center is accredited by the ACCME and the Maine Medical Association's Committee on Continuing Medical education to provide continuing medical education (CME) for physicians.

Each physician should claim only those credits that he/she actually spent in the activity.

This activity has been planned and implemented in accordance with the Essentials and Standards of the Maine Medical Association Committee on Continuing Medical Education and Accreditation through the partnership of MaineGeneral Medical Center and Colby College Sports Medicine Department.

Cancellation and Refund policy:

It is our priority at MaineGeneral Medical Center to provide quality Continuing Education. For certain events, a fee will be collected during pre-registration. This fee will be refunded in the event that the course is cancelled or is unable to take place. As part of our policy, we recognize that unforeseen circumstances can occur. Therefore, a refund will be granted to individuals who pre-register but are unable to attend the course.

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